

# Buttock Augmentation

Gain a more sensuous and curvaceous shape with buttock implant surgery.

## About the procedure

Buttock Augmentation, or butt implants, involves the surgical insertion of artificial implants into the buttocks in order to enhance the size and shape of your buttocks. This surgery is frequently sought by people who are unable to develop proportionate gluteal muscles, lack buttock fat, or simply feel their buttocks lack shape. Buttock augmentation is performed with implants, which can give a more balanced look or simply a more sensuous backside.



Buttocks implants are soft, however are much stronger than a breast implant, and they are made of an elastomer so they can not leak. Placed into each buttock through a single 2-3 inch incision over the tailbone, the implants are placed to look as natural as possible. There are two primary options for buttock implants – they can be placed either sub-muscular (intra-muscular) or sub-fascial.

## The consultation: discussing your goals

During the consultation, you and your surgeon will discuss the changes that you would like to make in your appearance. Because this is a highly personal decision, you'll want to take time to discuss all of your concerns and desires, including how large and shapely you want your buttocks to be.

You will have a variety of different size and shape buttock implants from which to choose. The decision for the shape and size of the implants is made depending on each person's individual desires and on their general body build. Together you will determine which size implants will achieve your preferred size. All your different options will be explained, including incision type, location of the implant, type of implant, and whether a butt lift might also be beneficial.

Be sure to ask all the questions you have about the surgery. Learning everything you can about your options, risks and benefits is the key to making an informed decision.

## Your operation: what to expect

An incision may be made in any one of the following places: where the cheek meets the back of the thigh, or down the buttock crease. The incision is usually made in the buttock crease, where scars are not noticeable. However, this area does carry a high infection risk.

The doctor then creates a pocket large enough to insert the butt implants. The implants can be placed either under the gluteus maximus muscle, or on top of the muscle. Sometimes, liposuction is performed in order to further enhance the shape of the buttocks.

After performing the same procedure on the other buttock, the surgeon makes sure the buttocks are symmetrical and look natural. Then the incisions are sutured.

The surgery usually takes about two to three hours to complete. The length of the procedure varies according to the technique used, the placement of the implants, the patient's anatomy, and type of anesthesia used.

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### Our services

From your first visit to Dr Briggs' Subiaco office, you'll work directly with Consultant Plastic, Cosmetic and Reconstructive Surgeon Mr. Patrick Briggs, the practice's director.

Together you will explore the possibilities and discuss the results you can expect.

Imaging software will be used to show you how you might look after your procedure and every aspect of your treatment, from evaluation, through surgery to post surgical care will be carefully explained.

### A very personal choice

A subtle blend of art and science, cosmetic surgery has become increasingly safe and comfortable in recent years.

Techniques have been refined, new materials have been developed and results have become more natural, predictable and satisfying. No other kind of surgery allows the surgeon more creativity; and no other kind of surgery is more deeply personal for the patient.

## After your surgery

You will have a compression garment on after surgery to provide support, which should not be removed for at least 2-4 days following surgery.

Buttock augmentation stretches the tissues, and can be painful. This is especially true when the implants are placed under the muscle. The pain is greatest within the first 48 hours, but improves with each day and is somewhat relieved by pain medications. In spite of the initial discomfort, most women report that they are very satisfied with the results of the surgery.

When you wake up you will feel tired, sore, and stiff. It is important to take the medication prescribed to you. Someone will need to drive you home, and you may need assistance at home for a few days following surgery.

Expect to be in bed for 24 hours following surgery.

## As you recover

Since this is an area of the body that is required for walking, sitting, and so many other movements, you may experience greater pain during the recovery period than other common cosmetic surgery procedures and the recovery time is usually longer.

Pain medications typically are prescribed to help with the discomfort, but after approximately 5-7 days you will be able to move and to start walking, and sitting more comfortably.

There is generally very little swelling and bruising after buttock augmentation so the results may be seen very soon after surgery.

- Rest is important to the healing process, so do it as much as possible following your procedure. Drink plenty of fluids, and be sure to take the doctor's prescribed medications.
- Most likely, you will be able to resume calm, quiet work within a few days to weeks following butt implants surgery. You should still avoid physical exertion for several weeks, depending on the advice of your doctor.
- The stitches will come out within a week to ten days, but swelling may continue, gradually subsiding over several weeks. As the swelling subsides, the results will become more apparent.

You will probably be able to resume exercise and normal physical activities within a month or two, when the soreness has subsided. Recovery varies from patient to patient and depends upon the technique, type of implant, and site of placement that is used, as well as the level of activities in your daily routine.

## More to consider

With buttock augmentation, there is a possibility that the implants may shift and cause the buttocks to appear asymmetrical. However, the implants are placed above the sitting area, this is done to keep patients from sitting on them and thus reducing the risk of implants shifting.

Another complication is that the implants may rupture, or break. However, this occurrence is rare.

All surgical procedures carry some degree of risk. The risks of undergoing buttock implant surgery can include (but are not limited to) infection, unsatisfactory results, excessive bleeding, adverse reaction to anesthesia, and the need for second or sometimes third procedures.

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### Mr. Patrick Briggs

Mr. Patrick Briggs is an internationally trained plastic and cosmetic surgeon based in Subiaco, Western Australia.

After graduating from the Royal College of Surgeons in 1977, Mr. Briggs trained in general surgery at St. Bartholomew's Hospital in London, obtaining the fellowship Examination of the Royal College of Surgeons of England in May 1981 and the Fellowship Examination of the Royal College of Surgeons in Ireland in June 1981.

Training in Plastic Surgery followed at Mount Vernon Hospital and University College Hospitals in London, Allegheny General Hospital in Pittsburgh, Pennsylvania, USA and Cork University Hospital, Ireland.

In 1991, Mr. Briggs passed the Intercollegiate Board Examination in plastic surgery as administered by the four Royal Colleges of Great Britain and Ireland – the FRCS (Plastic Surgery). That same year, he was awarded a Certificate of Completion of Higher Surgical Training (CCST) in plastic and cosmetic surgery.